

FREE

Spring 2025

EMILY MAY  
INTERIORS & CO.

# Wild Gorse MAGAZINE

Cover: Emily May Interiors & Co

*Wild Adventures | Epic Stays | Food | Inspirational Living | Wellbeing*

*Spring 2025*

# Wild Gorse MAGAZINE

*Wellbeing  
Wild Adventures  
Epic Stays  
Food  
Inspirational Living  
Events*

*Say hello!*

Email: [info@wildgorsemagazine.co.uk](mailto:info@wildgorsemagazine.co.uk)

Tel: 07530875629

[www.wildgorsemagazine.co.uk](http://www.wildgorsemagazine.co.uk)



---

Disclaimer: Reasonable care has been taken to ensure that the information contained in this guide in print and on the website are as up to date and accurate as possible, as of the time of publication, but no responsibility can be taken by Wild Gorse Magazine for any errors or omissions contained herein. Furthermore, responsibility for any losses, damages or distress resulting from adherence to any information made available through this guide/website is not the responsibility of Wild Gorse Magazine. Readers are advised to check with listings/article information with event providers to avoid disappointment. No responsibility will be accepted for any errors or omissions.



**A**s Spring emerges in all its wondrous glory, we celebrate the season with another beautiful edition of Wild Gorse Magazine.

Our inspirational cover art is courtesy of Emily May Interiors & Co and wow what a fantastic space this is. Creator of truly extraordinary spaces, there are no others quite like this fantastic interior designer and her team.

As always we've hand selected some of the best and most epic places to stay. From camping under the stars to cosy cottages and cabins and everything in between. Book a Spring stay

now to experience this magical season in West Wales.

As well as inspirational living solutions we've also got some wild adventures on the coast to enjoy as well as some fantastic events looming in April and May.

We have also curated some of the very best health and wellbeing experiences. From individual classes to day spas and retreats, there is something here for everything to unwind.

Whether you live in West Wales or are simply visiting, discover all the exciting places, activities and fabulous events that await you now.

**W**est Wales is a stunning destination offering a diverse range of accommodations, from camping under the stars to cosy cabins nestled in the woods, farmhouses to cottages. Whether you're seeking a pet-friendly stay or a luxurious experience, West Wales has something for everyone.

For those who love the great outdoors, camping in West Wales provides an unforgettable experience. The region is home to numerous campsites, many of which are located near beautiful coastlines and serene landscapes.

Seeking a cosy and charming, or a more traditional stay? Consider renting a cottage or cabin. These accommodations offer the charm of rural Wales with the comfort of modern amenities.

West Wales is a haven for pet owners, with many accommodations welcoming furry friends. Enjoy exploring the beautiful landscapes alongside your pet.

If relaxation is your priority, West Wales has plenty of cosy stays that promise a tranquil escape.

Whether you're hiking along the Pembrokeshire Coast Path or exploring the charming towns and villages, West Wales offers a variety of accommodations to suit every preference.

Here you'll find our carefully curated selection of the very best stays to give you the ultimate West Wales experience.

## Book your perfect Spring stay now.



- Dog Friendly
- Wi-Fi/Netflix
- Riverside Views
- Double Bedroom
- Log Burner
- Picnic/BBQ/Firepit

@tynycwmcottages



TYN Y CWM

Formerly an old tea room, Cuckoo Cabin is now a luxury holiday let - rustic with a modern twist. Situated deep within the mountains of Artists Valley, Cuckoo Cabin's bedroom window opens out onto the river Einon that flows through the garden. That paired with the cosy log fire makes it the perfect romantic getaway and secluded log cabin retreat.

[www.airbnb.co.uk/h/cuckoocabin](http://www.airbnb.co.uk/h/cuckoocabin)





**Dyffryn Conin | Llandissilio | Clunderwen | Pembrokeshire | SA66 7SS**

*The perfect space to watch every season unfold, to immerse yourself in nature and relax in the most idyllic farmhouse setting, a stay at Dyffryn Conin Holiday Let will never be your last. So many visitors have such great things to say about their stay and many return year after year. Making memories is at the heart of your stay, with equal measures of peace and home comforts coupled with adventures at your fingertips in every direction. Book your Spring time getaway now.*

**Email: [info@dyffrynconinfarmholidaylet.co.uk](mailto:info@dyffrynconinfarmholidaylet.co.uk)  
[www.dyffrynconinfarmholidaylet.co.uk](http://www.dyffrynconinfarmholidaylet.co.uk)**



## *Explore the delights of Cardigan Bay this Spring*

Experience the magic of Spring at Dolgoy Cottages, an ideal adult-only retreat to explore the countryside and coastline of Cardigan Bay, which is particularly beautiful at this time of year. Daffodils and snowdrops blossom in the countryside, while colourful clifftop flowers breathe life into the scenic coastal path.

Full of scenic landscapes, offering spectacular views around the coast of Cardigan Bay, there are many walking options near our dog-friendly Cottages. Spend your days exploring the quaint seaside towns and picturesque coves where you may see dolphins, grey seals and other wonderful wildlife.



Play with your dog in the dedicated paddock, glimpse the Red Kites and Buzzards, or spot the wild orchids at the foot of the hedgerows.

*Relax in your private hot-tub under the stars  
in our dark skies location...*

...each of the cottages has its own private hot tub, which is available to use all year round. Listen to the dawn chorus as you immerse yourself in the bubbles, or gaze at the dark starry skies. As the night draws in, cosy up by your wood burner and enjoy the comfort of your ensuite, king-size bedroom. It's the season to fall in love with the tranquillity of Dolgoy and the beauty of Ceredigion.



Scan the QR code to discover Dolgoy  
Cottages & book your stay

[www.dolgoycottages.co.uk](http://www.dolgoycottages.co.uk) | 07980 665556 | [stay@dolgoycottages.co.uk](mailto:stay@dolgoycottages.co.uk)



There's nothing quite like camping under the stars in St Davids. A hotspot for catching a glimpse of the Northern lights, St Davids offers a unique blend of natural beauty and rich history, making it an ideal destination for those seeking a peaceful getaway. Imagine camping under a blanket of stars, with the historical treasures of St Davids just a stone's throw away. With minimal light pollution, Hendre Eynon Caravan & Campsite is an excellent location for observing the night sky. Bring a telescope or simply lie back and marvel at the celestial display.

Staying at Henre Eynon Caravan and Campsite allows you to immerse yourself in the serene environment of Pembrokeshire. Here, nature lovers can relish in the lush landscapes, listen to the birdsong, and breathe in the fresh, crisp coastal air. The campsite is a perfect spot for those looking to unwind and reconnect with the natural world.

Explore the scenic paths that wind through the countryside, offering stunning views and a chance to encounter local wildlife.

The campsite provides ample space for setting up a cozy picnic or BBQ with family or friends. It's dog friendly too.

St Davids is steeped in history, with its roots tracing back to the 6th century. As the smallest city in the UK, it boasts a rich heritage that is waiting to be explored. St Davids Cathedral is a magnificent structure to marvel, dedicated to St David, the patron saint of Wales. Its tranquil atmosphere and intricate details make it a must-visit. Adjacent to the cathedral is Bishops Palace, the ruins of this once-grand palace offer a glimpse into the past. Wander through the remnants and imagine the lives of those who once walked its halls.

St Davids offers a variety of attractions and activities for visitors to enjoy. Henre Eynon is the perfect base for visiting the beach and for coastal walks too. The Pembrokeshire Coast National Park is renowned for its breathtaking coastal paths. Take a walk along the cliffs and enjoy the stunning sea views. For beach lovers, discover the pristine beaches of Whitesands Bay and Caerfai Bay, perfect for a day of sunbathing or a refreshing swim.

Camping at Henre Eynon Caravan and Campsite in St Davids is more than just a retreat; it's an opportunity to delve into beauty of Pembrokeshire, and create lasting memories.





# CARAVAN & CAMPSITE

---

ST DAVIDS | PEMBROKESHIRE

Family friendly campsite on a working dairy farm.  
Hendre Eynon, Tyddewi, St Davids, Pembrokeshire, SA62 6DB



[WWW.HENDREEYNON.CO.UK](http://WWW.HENDREEYNON.CO.UK)

## Boat booking office & shop

falcon boats



Our boat booking office and shop is open all year.

You can find us in the middle of St David's. Pop in and say hello, and you can book your boat trip, ask any questions, and browse our wonderful range of books, art and gifts.



**Falcon Boats | 10 New St | St Davids | SA62 6SN**



# EXPLORE THE PEMBROKESHIRE ISLANDS OF RAMSEY, SKOMER, GRASSHOLM , THE SMALLS, THE BISHOPS & CLERKS AND MORE.



**Experience close encounters with seals, porpoise & dolphin and marvel at cities of nesting seabirds.**



**Outstanding Wildlife Boat Trips**

**Discover echoing sea caves, towering cliffs & some of the fastest tidal races in the UK.**



**On every trip we hope to share our love and connection with the landscape to all onboard.**

falcon boats



Tel: 07494 141764

Email: [info@falconboats.co.uk](mailto:info@falconboats.co.uk)

Falcon Boats, 10 New Street, St David's, SA62 6SN

[www.falconboats.co.uk](http://www.falconboats.co.uk)

Art and design has the unique power to transform spaces and elevate our daily lives. When incorporated thoughtfully, it can inspire creativity, evoke emotions, and provide a sense of peace and fulfillment. Whether it's through handmade items, a beautifully designed space, or exquisite jewellery, it enriches our experiences and shapes how we feel.

Handmade items carry the essence of their creators, infusing spaces with individuality and warmth. These one-of-a-kind pieces often tell a story, reflecting the passion and dedication of the artist. Their unique qualities remind us of the beauty in authenticity and the value of personal expression. By surrounding ourselves with handmade items, we invite a sense of connection and appreciation for the craftsmanship and care that went into creating them.

Creating a designed space involves careful consideration of how various elements come together to form a cohesive and inspiring environment. The colors, textures, and layout can significantly impact our mood and well-being. A thoughtfully designed

space can serve as a sanctuary.

By embracing creativity, we cultivate an environment that nurtures our spirit and uplifts our everyday experiences.



*I have been developing my own style of Textile Artwork using applique & freemotion machine embroidery. Drawing inspiration from the beautiful welsh countryside. My work is available in Canvas prints, greetings cards as well as Originals.*

Facebook /Retro Aprons /Enfys Jenkins  
Instagram: retroaprons\_wales | Mobile : 07812155005  
Website: [retroaprons.co.uk](http://retroaprons.co.uk)



# The Narberth Pottery

Established by  
Simon Rich in  
1971, The Narberth  
Pottery is now being  
run by his daughter  
Bryony.

The Gallery shows a  
wide range of  
decorative and  
functional ceramics.

On most days you are  
able to watch the  
potter at work.

**Opening times Wed - Sat  
10:30 - 5**

**2 Market Street,  
Narberth,  
Pembrokeshire,  
SA67 7AX**

**Email: [bryonyjrich@yahoo.co.uk](mailto:bryonyjrich@yahoo.co.uk)  
Tel: 01834 860732**

**[www.narberthpottery.co.uk](http://www.narberthpottery.co.uk)**



# Brechfa Farm Textiles & Studio



Limited edition throws and cushions made from Brechfa Pedigree Dorset and Coloured Dorset wool.



Twice a year the studio and Farmhouse showcases a selection of quality makers alongside our own textiles.

Both the Studio and the farmhouse are now also available for creative workshops.  
[brechfafarm.pembrokeshire](mailto:brechfafarm.pembrokeshire) | e: [gillianbrechfa47@gmail.com](mailto:gillianbrechfa47@gmail.com)

**W**hen we bought our farm in Wales I chose the breeds of sheep for our flocks - Pedigree Dorset and Pedigree Black Welsh Mountain - partly for the colour and quality of their wool.

We also built up a flock of Coloured Dorsets which added marled colours to the wool. Then some of the wool was dyed in warm colours.

Using our wool, spun at Curlew weavers, a range of quality, bespoke knitwear was established along with beautiful woven and hand-made throws and cushions.

To compliment Brechfa Textiles, we now have a collaboration of top makers including - potters, artists, natural-dyed textiles, metal work, hand-made soaps - showing at our Open Studio weekend on the farm. This year also sees the start of creative workshops at the farm.

For more information please e-mail or follow the Instagram page.

**Spring Open Studio Weekend: May 31st - 1st June**

**Natural Dyeing Workshop with Sian Lester: May 2nd.**

location @treberfyddhouse | photography @wildmeadow | stylist @damsonslate

# Tania Wallace

## JEWELLERY

HANDMADE BY TANIA IN WALES



*All pieces are made from recycled sterling silver,  
making for an ethical choice for your jewellery.*

Commissions available on request.

[www.taniawallacejewellery.co.uk](http://www.taniawallacejewellery.co.uk)

# EMILY MAY

INTERIORS & CO.



Bathroom Design ♦ Supply ♦ Installation

Book your home visit to discuss your project  
01834 869 075 | [info@emilymayinteriors.co.uk](mailto:info@emilymayinteriors.co.uk)

# EMILY MAY

INTERIORS & CO.



Kitchen Design ♦ Supply ♦ Installation

Book your home or showroom visit to discuss your project  
01834 869 075 | [info@emilymayinteriors.co.uk](mailto:info@emilymayinteriors.co.uk)





## ***Wellbeing in West Wales: Embracing Health and Mindfulness.***

**W**est Wales, encompassing the beautiful regions of Pembrokeshire, Carmarthenshire and Ceredigion, offers a serene backdrop for those seeking to enhance their wellbeing through a wide range of mindful activities. The stunning coastlines, rolling hills, and tranquil beaches provide the perfect setting for rejuvenating the mind, body, and spirit.

Imagine the soothing sound of waves crashing gently on the shore as you plunge into the sea, then toast up at a beach sauna. Feel more connected to your body and mind with some yoga in the West Wales countryside. Indulge in a unique rural spa

experience offering rustic indoor and outdoor therapies, perfect to relax and unwind, surrounded by fields, woodland and wildlife. Embrace the elements and opt for a Wild Spa experience, self-guided through a series of hot and cold therapies based on the four elements – air, earth, wind and fire. Or for those seeking a longer stay, a retreat is a great option. Immerse yourselves in the experience, try yoga and pilates, breath work and cold emersion. Get a massage or simply be at one with nature.

However you choose to embrace your health and wellbeing, feel more energised and let those stresses melt away in West Wales. As you explore these beautiful areas, you're sure to find a deeper connection to yourself and the environment around you.



# Find A Wellbeing Class Or Retreat

West Wales

2025



## **The Yoga Cwtch - Carmarthen**

[www.theyogacwtch.com](http://www.theyogacwtch.com)



## **Stables Wellbeing Retreats - Llandeilo**

[stables-wellbeing.co.uk](http://stables-wellbeing.co.uk)



## **Scolton Country Spa - Bethlehem, Pembrokeshire**

[www.scoltonspa.co.uk](http://www.scoltonspa.co.uk)



## **The Wild Spa - Bethlehem, Pembrokeshire**

[www.wildspawales.co.uk](http://www.wildspawales.co.uk)



## **Ty Sawna - Gower**

[www.tysawna.co.uk](http://www.tysawna.co.uk)

# Chalk Wovens



☎ 01273 389545  
✉ [info@chalkwovens.com](mailto:info@chalkwovens.com)  
f @Chalkwovens  
i @Chalkwovens  
[www.chalkwovens.com](http://www.chalkwovens.com)





**FLYNN'S**  
COFFEE

Cafe/Mobile coffee  
van serving speciality  
coffee, tea & hot cocoa.  
Bookings open for 2025  
events. TV/film location  
sets & private occasions,  
weddings etc.

Swansea & Beyond.



Instagram @flynnscoffeewan  
Facebook @flynnscoffee



07590 073553



Booking@flynnscoffee.co.uk

[www.flynnscoffee.co.uk](http://www.flynnscoffee.co.uk)



# WHAT'S ON THIS SPRING

Don't miss out on some amazing activities and events to attend this Spring.

**SELECTED DATES APRIL**

**PYO Tulips & Easter Trail**  
Gower Fresh Christmas Trees  
Poundfald Farm, Three Crosses,  
Swansea, SA4 3PB  
[www.gowerfreshchristmastrees.co.uk](http://www.gowerfreshchristmastrees.co.uk)

**14TH - 25TH APRIL**

**Easter at the National Botanic Garden of Wales**  
10am - 5pm  
Middleston Hall,  
Llanarthne, SA32 8HN

**5TH MAY**

**Rural & West Food & Drink Festival**  
The Shed At Mwnt, Cardigan  
Mwnt  
Cardigan  
SA43 1QH  
12pm - 6pm  
[www.ruralandwest.co.uk](http://www.ruralandwest.co.uk)  
[www.theshedatmwnt.co.uk](http://www.theshedatmwnt.co.uk)

**23RD - 26TH MAY**

**The Big Retreat Festival**  
Lawrenny, Pembrokeshire  
[www.thebigretreatfestival.com](http://www.thebigretreatfestival.com)

**28TH MAY - 1ST JUNE**

**The Swansea & Gower Cycling Festival**  
[www.cyclinguk.org](http://www.cyclinguk.org)



For more information and updates on each event, please visit each venues website and social media pages.





What's on this  
**SPRING?**





[www.seaforthdesigns.com](http://www.seaforthdesigns.com)

19 Main Street | Solva | Pembrokeshire | SA62 6UU

open everyday 10-4pm April to Oct

